

TORRANCE PRESS

EDITORIAL PAGE

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Summer Threats - Stroke, Exhaustion

Residents of Torrance have enjoyed a pleasantly cool spring and early summer this year and have had little reason to complain about the heat thus far. Nevertheless, it is almost a certainty that unpleasantly hot days are in the offing and, as usual, will no doubt result in a certain number of heat-induced illnesses and some deaths.

Even in the hottest weather such unhappy occurrences may be avoided in most instances. As a matter of fact, it is surprising how well heat can be tolerated by most individuals when a few precautions are taken in order to live with it in reasonable comfort.

HEAT DEGREE
When in a normally healthy condition the human body is equipped to adjust to a certain degree of heat, as it possesses a very excellent air cooling system. In hot weather the sweat glands dilate and the amount of perspiration released to evaporate in the air is considerably increased—a process that assists in keeping the body cool.

On those days when the humidity is high, however, it is more difficult for a person to keep comfortable, for the air already so moist that it does not readily accept the additional moisture released by the body in perspiration. This helps explain why people in certain parts of the country suffer more during hot spells than do individuals in Los Angeles County where the humidity is generally low.

Heatstroke and heat exhaustion are the two major emergency conditions associated with excessive summer heat. Both conditions may occur after too much exercise or too much exposure to the sun, and both require prompt administration of first aid measures. Emergency treatment differs in each condition; indeed, first aid measures helpful in one condition are actually harmful in the other.

Heatstroke most often happens to elderly people and is often fatal. Common symptoms include flushing of the skin—which also becomes hot and dry to the touch, dizziness, high fever, violent headache, and difficult breathing. Unconsciousness and convulsions may also occur.

First aid in heatstroke consists of placing the victim in the shade with head and shoulders raised, sponging the body with cool water, and applying cold compresses or an ice bag to the head. Stimulants are never given, and doctor should be obtained without delay.

In the event of heat exhaustion the skin is pale and cold and perspiration is profuse. Dizziness, nausea, and severe cramps may be experienced. Treatment consists of keeping the patient warm, placing him flat on his back with the head low, and administering half a teaspoon of salt washed down with a few swallows of water. Coffee or a teaspoon aromatic spirits of ammonia may be given as a stimulant. Unless the individual makes a swift recovery, a doctor should be called.

With a little care these extreme reactions to hot weather may be avoided, and one of the best preventives is very easy to take as it consists of doing as little as possible. If it is necessary to go out in the sun for more than a very brief period a light broad-brimmed hat should be worn, but any type of head covering is better than none at all. Clothing should be light in weight and loose fitting.

Well-balanced meals are necessary for good health at any time of the year, but most people will feel better if they eat less at mealtimes during excessively warm summer days. If lighter meals do not satisfy hunger, wholesome snacks may be eaten.

TRAVEL NOTES FROM THE ORTALES



EDITOR'S NOTE: Al Ortale, Torrance car dealer, is acting as correspondent for the Torrance Press and is supplying readers with an eye witness report from Switzerland and Italy. Ortale, who owns Al Ortale Rambler at 1885 Torrance Blvd., won this trip for himself and his wife after winning a recent nationwide sales contest.

LAUSANNE—After a rather tiring but interesting ride by jet from Los Angeles to New York and then non-stop to Geneva, our American Motors Group was met at the airport by a Swiss welcome party. After brief arrival formalities, it was off to sightsee in Geneva. Before boarding the bus, we passed Gromyko's turbojet plane which had just landed for a series of conference meetings on world problems. Our own Dean Rusk is attending, as are many of the other renowned diplomats.

Our talented guide Maer provided us with one of the new sight seeing buses—and we were off to the important places of Geneva.

SURPRISE

I must admit my utter surprise at the expansive beauty of this small but extremely hospitable country. The countryside was abloom with its gorgeous rainbow hues of flowers permeated throughout by its tall French-style buildings and sidewalk cafes. The green countryside, with its well-cared-for houses and farms, was made even more beautiful because of the vastness and splendor of the city's own Lake Geneva.

The guide assigned to our group explained quite in detail the important and interesting points of Geneva. We were able to cross the Rhone river on a couple of occasions while visiting the World Health Organization and the United Nations Building. At almost any point in Geneva you can see the geyser of water located in the center of the city with a spray 160 yards high.

At almost every turn you can detect the old as well as the young enjoying a brisk game of tennis. The children seemed contented in the many parks and playgrounds, playing on small rides, slides similar to our own.

Watches and clocks of every form seemed to spring up at our every turn of the tour. I suppose I will join the crowd before the conclusion of the trip and purchase one of the odd-shaped pieces.

TRIP CONTINUES

After a couple of hours touring Geneva we were off by bus to Lausanne, located 40 miles from Geneva. The bus ride to Lausanne was made necessary because the only air field available in this area for large jets is located in Geneva.

During our ride we passed the Aga Kahn residence after visiting several ancient castles. Almost every town of any size had its own castle. The castle at Nyon seemed more elaborate from the outside than others I had seen.

We arrived at Lausanne Pallace Hotel in Lausanne shortly after noon hour. Our accommodations here were excellent and the attendants ever so hospitable. After and another cocktail hour, we left for the Castle Oron-Le-Chateau, where we were received by the Heralds in Medieval costumes and each of us were bestowed the Knighthood of Oron Knights. Colorful entertainment music, dancing and gaiety followed in the Knights Room of the 13th Century.

Douglas Profits Increase 64c for Second Quarter

Net profit of \$2,515,901 or 64 cents per share was reported today by the Douglas Aircraft Company for the second quarter of the company's 1962 fiscal year. Profit for the second quarter of 1961 was \$1,409,322 or 38 cents per share.

Total net profit for the first six months was \$4,334,855 or \$1.10 per share. This compares with a profit of \$3,225,118 or 82 cents per share for the first six months of fiscal 1961. (All per share figures are after adjustment for the 3 per cent stock dividend paid in March, 1962).

Sales for the second quarter of 1962, which ended on May 31, were \$194,992,029 and for the first six months, \$359,071,928. Comparable figures a year ago were \$227,579,984 and for the first six months, \$431,926,057.

Of the 1962 total sales, \$226,712,400 or 73.16 per cent was for government work, while \$96,359,528 or 26.84 per cent was for commercial contracts. Of the government contracts, \$193,674,532 or 73.72 per cent for missiles and space projects, while \$69,037,868 or 26.28 per cent represented military aircraft.

Backlog as of May 31 this year was \$874,461,000, an increase of \$125,592,000 over the \$748,969,000 total of May 31, 1961. Of the current backlog, \$126,704,000 is commercial, \$747,857,000 governmental. Of the Government work, \$560,842,000 is for missile and space activities, while \$187,015,000 represents military aircraft.

ALLOYS
Alloys of copper and nickel, containing from 10 to 50 per cent nickel, are noted for their resistance to corrosion, particularly in salt water.

SOS Program Slated for Community

This coming October a mass immunization program against polio, using the Sabin oral vaccine, will begin in Torrance and other Southern California counties and communities under the auspices of County Medical Associations.

Clinics will be located in every neighborhood and area so that the vaccine will be readily available to everyone for a donation of only 25 cents per dose, and free for those who cannot pay. It is the hope of all physicians in medical practice and in public health that the maximum number of persons over 3 months of age will receive this protection against the disease.

Throughout the world, probably more than 100 million people have already been immunized against poliomyelitis by the Sabin oral vaccine, and as far as is known not a single case of poliomyelitis has been caused by its administration.

There are several advantages in the use of the Sabin attenuated or weakened live virus vaccine for such a general immunization program, and perhaps the chief one as far as most people are concerned is the fact that it is given by mouth (usually on a lump of sugar) instead of by injection. It is the first vaccine in history to be so administered, and is a painless and simple method that will recommend itself to many individuals.

This orally administered Sabin vaccine also provides an intestinal immunity or resistance to the three types of poliovirus strains, and this the Salk vaccine fails to do. Though the Salk vaccine builds up antibodies in the blood (protective substances that overcome harmful disease agents), it does not protect against harboring polioviruses in the intestinal tract.

Individuals immunized with the Salk vaccine, and thus protected against the disease, may still transmit the disease to others by way of the fecal-oral route. This means that some people who harbor live polioviruses in their intestines fail to wash their hands thoroughly after going to the toilet and the disease organisms are transmitted through contaminated articles or food to the mouth of a susceptible person. For it is mainly through the mouth that the poliovirus gains entry into the body.

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Tax Assessment Method Protested

"Property tax assessment methods work an injustice on both homeowners and businessmen," charged Jason Lane, 613 27th St., Manhattan Beach. In a statement before the Los Angeles County Board of Supervisors, now sitting as a Board of Equalization, Lane revealed assessments on land in his area have increased 98.6 percent in three years.

"The market value of land has increased nowhere near as much," Lane stated, "and unless the assessment method is changed from subjective appraisals to fixed percentage of market value, assessment increases can be used as a back door means of increasing taxes. Perhaps this throws some light on how current county government expenditures can be 7.4 times the twenty year ago figure, while the tax rate per hundred dollars of assessed valuation is 'only' 1.5 times the old rate."

Turning to assessment of business inventories, Lane stated that "the practice of assessing inventories at 45 percent of book value is unfair to many types of businesses that would get far less than 45 percent of book value, if they had to convert inventory to ready cash."

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